

## LISTE DES ALLERGENES

Période du 21 avr 2025 au 25 avr 2025

[illegible]

## LISTE DES ALLERGENES

Période du 28 avr 2025 au 02 mai 2025

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LISTE DES ALLERGENES

Période 4 du 05 mai 2025 au 09 mai 2025

| Date           | Plat                                     | Lait | Blé/Gluten | Œuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Soja | Céleri | Arachides | Moutarde | Sésame | Lupin |
|----------------|------------------------------------------|------|------------|-----|---------|----------|-----------------|-----------|------------|------|--------|-----------|----------|--------|-------|
| lundi 5 mai    | Carottes râpées                          |      |            |     |         | x        | x               |           |            | x    | x      | x         | x        | x      | x     |
|                | Escalope de dinde viennoise              | x    | x          | x   |         | x        | x               | x         | x          | x    | x      | x         | x        | x      | x     |
|                | Pâtes à la sauce tomate                  | x    | x          | x   |         | x        | x               | x         | x          | x    | x      | x         | x        | x      | x     |
|                |                                          |      |            |     |         |          |                 |           |            |      |        |           |          | x      | x     |
|                | Fromage                                  | x    |            |     |         | x        |                 |           |            |      |        |           |          |        |       |
|                | Yaourt                                   | x    | x          | x   |         | x        | x               |           |            | x    |        |           |          |        |       |
|                |                                          |      |            |     |         |          |                 |           |            |      |        |           |          |        |       |
| mardi 6 mai    | Salade de boulgour-lentilles cranberries | x    | x          | x   | x       | x        | x               | x         | x          | x    | x      | x         | x        | x      | x     |
|                | Filet de colin pané                      | x    | x          | x   | x       | x        | x               |           |            |      |        |           | x        |        |       |
|                | Purée                                    | x    |            | x   |         | x        | x               |           |            | x    | x      |           | x        |        |       |
|                | Fromage                                  | x    |            |     |         | x        |                 |           |            |      |        |           |          |        |       |
|                | Liégeois au chocolat                     | x    | x          | x   |         | x        | x               |           |            | x    |        |           |          |        |       |
|                |                                          |      |            |     |         |          |                 |           |            |      |        |           |          |        |       |
| mercredi 7 mai | Salade de céleri                         | x    |            | x   |         | x        | x               |           |            | x    | x      | x         | x        |        |       |
|                | Tomates farcies                          | x    | x          | x   |         | x        | x               |           |            | x    | x      | x         | x        | x      | x     |
|                | Riz                                      | x    | x          |     |         |          | x               |           |            | x    |        | x         |          |        |       |
|                | Fromage                                  | x    |            |     |         | x        |                 |           |            |      |        |           |          |        |       |
|                | Crème dessert                            | x    | x          | x   |         | x        | x               |           |            | x    |        |           |          |        |       |
|                |                                          |      |            |     |         |          |                 |           |            |      |        |           |          |        |       |
| jeudi 8 mai    | Salade de pâtes                          | x    | x          | x   |         | x        | x               |           |            | x    | x      | x         | x        | x      | x     |
|                | Gratin de pommes de terre                | x    | x          | x   |         | x        | x               |           |            | x    | x      | x         | x        | x      | x     |
|                |                                          |      |            |     |         |          |                 |           |            |      |        |           |          |        |       |
|                |                                          |      |            |     |         |          |                 |           |            |      |        |           |          |        |       |
|                | Fromage                                  | x    |            |     |         | x        |                 |           |            |      |        |           |          |        |       |
|                | Salade de fruits                         |      |            |     |         | x        | x               |           |            |      |        |           |          |        |       |
| vendredi 9 mai | Tartare de légumes                       | x    | x          | x   | x       | x        | x               | x         | x          | x    | x      | x         | x        | x      | x     |
|                | Sauté de bœuf                            | x    | x          | x   |         | x        | x               |           |            | x    | x      |           |          |        |       |
|                | Carottes/Pommes de terre                 | x    | x          |     |         | x        | x               |           |            | x    | x      | x         |          | x      | x     |
|                | Fromage                                  | x    |            |     |         | x        |                 |           |            |      |        |           |          |        |       |
|                | Croisillon à la pomme                    | x    | x          | x   |         | x        | x               |           |            | x    |        |           |          | x      |       |

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## LISTE DES ALLERGENES

Période du 12 mai 2025 au 16 mai 2025

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LISTE DES ALLERGENES

Période 6 du 19 mai 2025 au 23 mai 2025

SCOLAIRE

| Date            | Plat                   | Lait | Blé/Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Soja | Céleri | Arachides | Moutarde | Sésame | Lupin |
|-----------------|------------------------|------|------------|------|---------|----------|-----------------|-----------|------------|------|--------|-----------|----------|--------|-------|
| lundi 19 mai    |                        |      |            |      |         |          |                 |           |            |      |        |           |          |        |       |
|                 | Salade coleslaw        | x    |            | x    |         | X        | x               |           |            | x    | x      | x         | x        | x      | x     |
|                 | Steak haché            | x    | x          |      |         | x        |                 |           |            |      |        |           |          |        |       |
|                 | Gratin de légumes      | x    | x          | x    |         | x        |                 |           |            | x    | x      |           |          |        |       |
|                 | Fromage                | x    |            |      |         | x        |                 |           |            |      |        |           |          |        |       |
|                 | Yaourt                 | x    |            |      |         | x        |                 |           |            |      |        |           |          | x      | x     |
|                 |                        |      |            |      |         |          |                 |           |            |      |        |           |          |        |       |
| mardi 20 mai    | Salade de betterave    | x    |            | x    |         | x        |                 |           |            | x    | x      | x         | x        | x      | x     |
|                 | Arancini végétarien    | x    | x          | x    |         | x        | x               |           |            | x    | x      | x         | x        | x      | x     |
|                 | Fromage                | x    |            |      |         | x        |                 |           |            |      |        |           |          |        |       |
|                 | Fruit                  |      |            |      |         | x        |                 |           |            |      |        |           |          |        |       |
|                 |                        |      |            |      |         |          |                 |           |            |      |        |           |          |        |       |
|                 |                        |      |            |      |         |          |                 |           |            |      |        |           |          |        |       |
| mercredi 21 mai | Terrine de campagne    | x    |            |      |         |          | x               |           |            | x    | x      | x         | x        | x      | x     |
|                 | Sauté de porc          | x    | x          | x    |         | x        |                 | x         | x          | x    | x      | x         | x        | x      | x     |
|                 | Printanière de légumes |      |            |      |         | x        |                 |           |            |      |        |           |          |        |       |
|                 | Fromage                | x    |            |      |         | x        |                 |           |            |      |        |           | x        |        |       |
|                 | Mousse aux fruits      | x    | x          | x    |         |          | x               |           |            |      |        |           |          | x      | x     |
|                 |                        |      |            |      |         |          |                 |           |            |      |        |           |          |        |       |
| jeudi 22 mai    | Salade de concombre    | x    | x          | x    |         | x        | x               |           |            | x    | x      | x         | x        | x      | x     |
|                 | Hot dog                | x    | x          | x    | x       | x        | x               | x         | x          | x    | x      | x         | x        | x      | x     |
|                 | Chips                  |      |            |      |         | x        |                 |           |            |      |        | x         |          |        |       |
|                 | Fromage                | x    |            |      |         | x        |                 |           |            |      |        |           |          |        |       |
|                 | Semoule au lait        | x    | x          | x    |         |          | x               |           |            |      |        |           |          | x      | x     |
|                 |                        |      |            |      |         |          |                 |           |            |      |        |           |          |        |       |
| vendredi 23 mai | Riz nicois             | x    | x          | x    | x       | x        | x               | x         | x          | x    | x      | x         | x        | x      | x     |
|                 | Emincé de dinde        | x    | x          | x    | x       |          | x               | x         | x          | x    | x      | x         | x        | x      | x     |
|                 | Beignets de chou fleur | x    | x          | x    |         | x        | x               |           |            | x    | x      | x         |          |        |       |
|                 | Fromage                | x    |            |      |         | x        |                 |           |            |      |        |           |          |        |       |
|                 | Tarte                  | x    | x          | x    |         | x        | x               |           |            |      |        |           |          | x      | x     |

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